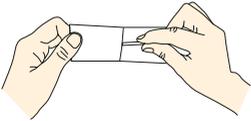


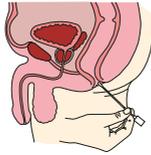
HOW TO COLLECT YOUR SAMPLES

Male Rectal & Throat Samples

- 1** Remove white cotton bud swab from the paper packet. Be careful not to touch the cotton end.



- 2** Carefully insert swab about two inches into your rectum and turn it for 30 seconds. Remove the swab carefully and without touching the rest of your body.



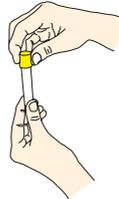
- 3** Remove the yellow lid from the tube labelled rectal and immediately place the cotton bud swab into it. Taking care not to spill the preservative solution in the bottle.



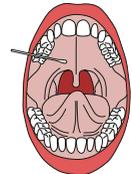
- 4** Carefully break the swab against the side of the tube at the black scoreline and discard the upper portion of the swab.



- 5** Screw the lid back on to the tube tightly.



- 6** You now need to repeat steps 1-6 with a new swab. Miss out step 2 and using the tube labelled throat this time take the sample from the back of the roof of your mouth and swab from left to right.



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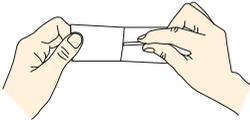
GETTING YOUR RESULTS

Please allow upto **2 weeks** for tests to be processed and results to be given from the time of postage. Notification of results will be given by your selected contact method completed on the patient request form online. **If you have not heard from us within 2 weeks then please call us on 0300 1234 154 (option 4).**

HOW TO COLLECT YOUR SAMPLES

Female Rectal & Throat Samples

- 1** Remove white cotton bud swab from the paper packet. Be careful not to touch the cotton end.



- 2** Carefully insert swab about two inches into your rectum and turn it for 30 seconds. Remove the swab carefully and without touching the rest of your body.



- 3** Remove the yellow lid from the tube labelled rectal and immediately place the cotton bud swab into it. Taking care not to spill the preservative solution in the bottle.



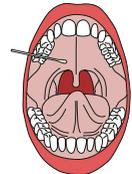
- 4** Carefully break the swab against the side of the tube at the black scoreline and discard the upper portion of the swab.



- 5** Screw the lid back on to the tube tightly.



- 6** You now need to repeat steps 1-6 with a new swab. Miss out step 2 and using the tube labelled throat this time take the sample from the back of the roof of your mouth and swab from left to right.



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GETTING YOUR RESULTS

Please allow upto **2 weeks** for tests to be processed and results to be given from the time of postage. Notification of results will be given by your selected contact method completed on the patient request form online. **If you have not heard from us within 2 weeks then please call us on 0300 1234 154 (option 4).**